

SBT 2 DAY SOLENT MILEBUILDER SAILING COURSE DETAILS

Course Summary

Approximately 16 hours of informal tuition over 2 consecutive days. Entire course on board our training yacht including accommodation when Covid restrictions allow (see below).

Basic Details

Location	Building 11 Shamrock Quay (see map below) William Street, Southampton SO14 5QL
Start Time	Registration 9.00-9.20am - Course Start 9.30am
Finish Time	Approximately 5.00pm on final day
Duration	2 or 5 Days
Lower Age Limit	16 Years
Car Parking	On Site (see map below)

Pre Course Preparation & Requirements

RVA Competent Crew or above.

Recommended Publications

RVA Yacht Sailing Techniques G94 (£15 from our reception).

Course Content

Simply a 2 day sail in the Solent and beyond covering all aspects of sailing a modern cruising yacht.

Ability After Course

Improved knowledge for sailing a cruising yacht.

Certification

No certification for this course.

Accommodation

Students are required to stay on board the yacht if government covid restrictions allow. (see link below)

If staying onboard you will need a double base sheet, pillow and either a sleeping bag or duvet.

Clothing & Equipment

Your course is conducted mostly at sea, so the correct clothing is important. We provide a specialist waterproof jacket and trouser set, but you need to bring the following :-

Footwear: Boating boots or shoes are ideal, but not essential. Trainers or soft soled boots work well. Have a change of footwear as you will get wet feet at sea.

<http://www.force4.co.uk/department/clothing/footwear.html>

Inner Layers: Several layers work better than a single thick layer. Have several changes of clothes in case you do get wet and to last the duration of the course. Depending on the time of year you might want to consider bringing gloves, a hat, sunglasses and sun cream. Each overnight stop will have shower facilities, so do bring a towel etc as you will have been exposed to seawater.

Food

The yacht used for your course has a full galley fitted with a twin burner gas hob with oven and also a fridge. SBT provides breakfast cereals, tea, coffee and milk for the duration of the course. Students need to always have a quick and easy lunch prepared or bought ready for each day at sea. All the marinas we visit during the course have places to buy lunch and groceries.

Evening meals are a mixture of crew meals cooked onboard, takeaways and the odd meal out. These are all at the students expense.

You will need a packed lunch with you at registration on the first day to take with you to sea.

Directions To Our Training Centre

By Train: We are about 1.5miles from Southampton centre railway station.

By Car: Our address is above, the maps below will help you find our centre.

Shamrock Quay, William Street, Southampton, SO14 5QL



Car Parking

All visitors to Shamrock Quay are allowed 3 hours of free car parking.

For long stays charges apply as detailed on :-

<https://www.solentboattraining.co.uk/car-parking>