



SBT MILEBUILDER SAILING EVENT DETAILS

Summary

This event is run over 2, 3, 5 OR 7 consecutive days (dependent on the event booked). Entire event on board our training yacht including accommodation when Covid restrictions allow (see below).

Basic Details

Location	Building 11 Shamrock Quay (see map below) William Street, Southampton SO14 5QL
Start Time	Registration 9.00-9.20am - Start 9.30am
Finish Time	Approximately 5.00pm on final day
Duration	2, 3, 5 or 7 Days
Lower Age Limit	16 Years (Under 18's Must be Accompanied)
Car Parking	On Site (see map below)

Pre Course Preparation & Requirements

RYA Competent Crew or above.

Recommended Publications

RYA Yachtmaster Scheme G158 (£7.99 from our reception).

Event Content

Each event is designed to build experience and gain additional knowledge (weather dependent), covering many aspects of sailing aboard a modern cruising yacht. (Refer to your booked event on our website, for specific event details).

Ability After Course

Improved knowledge for sailing a cruising yacht.

Accommodation

Students are required to stay on board the yacht if government covid restrictions allow. (see link below)

If staying onboard you will need a double base sheet, pillow(s) and either a sleeping bag or duvet (we do not provide bedding).

Clothing & Equipment

Your event is conducted mostly at sea, so the correct clothing is important. We provide a specialist waterproof jacket and trouser set, but you need to bring the following :-

Footwear: Boating boots or shoes are ideal, but not essential. Trainers or soft soled boots work well. Have a change of footwear as you will get wet feet at sea.

<http://www.force4.co.uk/department/clothing/footwear.html>

Base & Mid Layers: Several layers work better than a single thick layer. Have several changes of clothes in case you do get wet and to last the duration of your event (however space aboard is limited).

Depending on the time of year you should consider bringing gloves, a hat, sunglasses and sun cream. Each overnight stop will have shower facilities, so do bring a towel, etc. as you will have been exposed to seawater.

Food

The yacht used for your course has a full galley fitted with a twin burner gas hob with oven and also a fridge. SBT provides breakfast cereals, tea, coffee and milk for the duration of the course. Students need to have a quick and easy lunch prepared or bought ready for each day at sea.

All the marinas, ports or harbours we visit during the event, have places to buy lunch, groceries & additional provisions. Please bring anything you require for the duration, to meet your specific dietary needs.

Evening meals will be a mixture of crew meals cooked aboard (by yourselves), takeaways and/or meals purchased at local pubs or restaurants. These are all at the individual's own expense.

You will need a Packed Lunch with you at registration on the first day, to take with you to sea.

Directions To Our Training Centre

By Train: We are about 1.5miles from Southampton centre railway station.

By Car: Our address is above, the maps below will help you find our centre.

Shamrock Quay, William Street, Southampton, SO14 5QL



Car Parking

All visitors to Shamrock Quay are allowed 2 hours of free car parking.

For longer stays charges apply as detailed on:-

<https://www.solentboattraining.co.uk/car-parking>