



SOLENT DAY SAILING COURSE DETAILS

Course Summary

Approximately 7 hours sailing over 1 day. Entire event on board our yacht.

Basic Details

Location	Building 11 Shamrock Quay (see map below) William Street, Southampton SO14 5QL
Start Time	Registration 9.00-9.20am - Sailing Starts 9.30am
Finish Time	Approximately 5.00pm
Duration	1 Day
Lower Age Limit	16 Years (over 12 with accompanying adult)
Car Parking	On Site (see map below)

Pre Event Preparation & Requirements

Fit & healthy to go to sea.

Recommended Publications

RYA Yacht Sailing Techniques G94 (£15 from our reception).

Event Content

Simply a 1 day sail in the Solent for all levels of ability.

Ability After Event

Improved knowledge for sailing a cruising yacht.

Certification

No certification for this event.

Clothing & Equipment

Your event is conducted mostly at sea, so the correct clothing is important. You need a good waterproof jacket and layers of warm clothing. Footwear should be non-marking and flat soled.

We do not provide any clothing. Life jackets are provided as a safety feature.

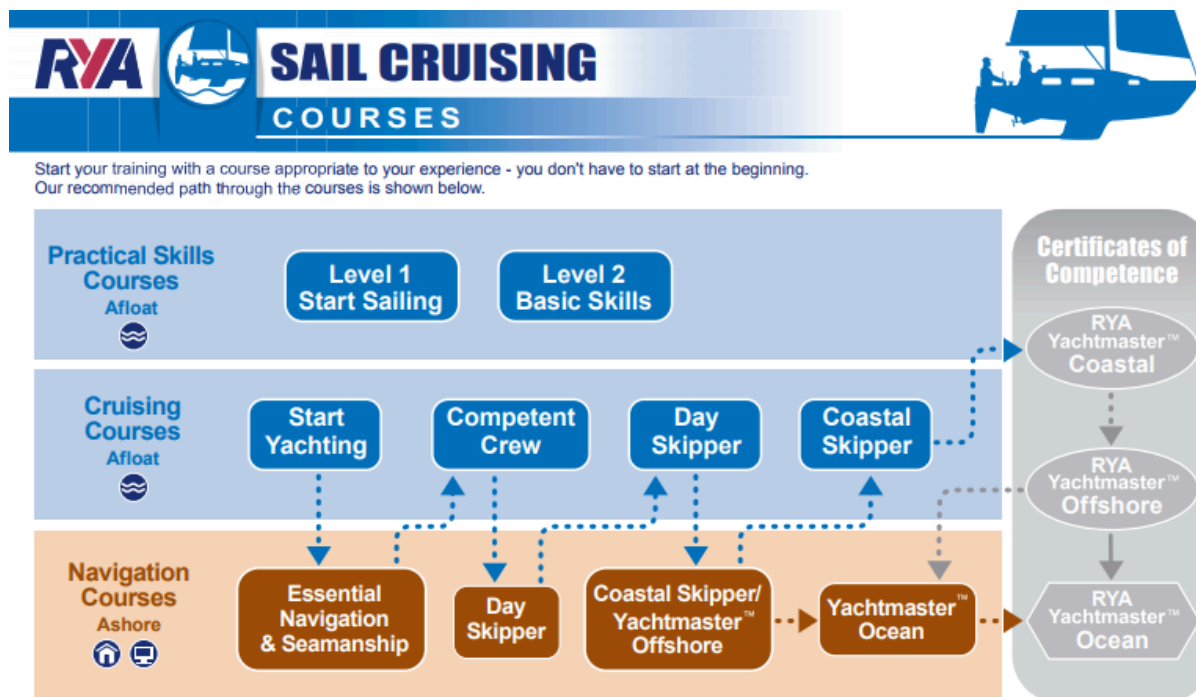
Accommodation

No accommodation is offered for this course by SBT due to Covid restrictions.

Food

No food is provided by SBT - Please bring a packed lunch and drinks.

Interest In Structured RYA Courses - Course Ladder



Directions To Our Training Centre

By Train: We are about 1.5miles from Southampton centre railway station.

By Car: Our address is above, the maps below will help you find our centre.

Shamrock Quay, William Street, Southampton, SO14 5QL



Car Parking

All visitors to Shamrock Quay are allowed 2 hours of free car parking.

For long stays charges apply as detailed on :-

<https://www.solentboattraining.co.uk/car-parking>