



## **RYA COASTAL SKIPPER SAILING PRACTICAL COURSE DETAILS**

### **Course Summary**

Approximately 40 hours of student/instructor contact time over 5 days. Entire course on board our training yacht including accommodation when Covid restrictions allow ( see below ).

### **Basic Details**

Location	Building 11 Shamrock Quay (see map below) William Street, Southampton SO14 5QL
Start Time	Registration 9.00-9.20am - Course Start 9.30am
Finish Time	Approximately 4.00pm on final day
Duration	5 Day
Lower Age Limit	17 Years
Car Parking	On Site (see map below)

### **Pre Course Preparation & Requirements**

Boat handling beyond the standard of Day Skipper tidal and navigation to RYA Coastal Skipper/Yachtmaster theory. More details of the expected level of student experience can be found on our website.

### **Recommended Publications**

RYA Yachtmaster Logbook G158 - From Your RYA Competent Crew course.

### **Course Content**

Passage planning, Preparation for sea, Pilotage, Passage making and ability as skipper, Yacht handling under power, Yacht handling under sail, Adverse weather conditions, Emergency situations.

### **Ability After Course**

Able to skipper a yacht on coastal passages by day and night.

### **Certification**

This course is not examined. Our instructor will be assessing your skills as you complete each section of the course. If the instructor decides you have met the

standard required an RYA course completion certificate will be issued to you that requires a passport sized photograph. **Please bring a photograph with you.**

## **Accommodation**

Students are required to stay on board the yacht if government covid restrictions allow. ( see link below )

When staying onboard you will need a double base sheet, pillow and either a sleeping bag or duvet.

## **Clothing & Equipment**

Your course is conducted mostly at sea, so the correct clothing is important. We provide a specialist waterproof jacket and trouser set, but you need to bring the following :-

Footwear: Boating boots or shoes are ideal, but not essential. Trainers or soft soled boots work well. Have a change of footwear as you will get wet feet at sea.

<http://www.force4.co.uk/departments/clothing/footwear.html>

Inner Layers: Several layers work better than a single thick layer. Have several changes of clothes in case you do get wet and to last the duration of the course. Depending on the time of year you might want to consider bringing gloves, a hat, sunglasses and sun cream. Each overnight stop will have shower facilities, so do bring a towel etc as you will have been exposed to seawater.

## **Food**

The yacht used for your course has a full galley fitted with a twin burner gas hob with oven and also a fridge. SBT provides breakfast cereals, tea, coffee and milk for the duration of the course. Students need to always have a quick and easy lunch prepared or bought ready for each day at sea. All the marinas we visit during the course have places to buy lunch and groceries.

Evening meals are a mixture of crew meals cooked onboard, takeaways and the odd meal out. These are all at the students expense.

You will need a packed lunch with you at registration on the first day to take with you to sea.

## **Covid Procedures**

Please ensure you have read our latest Covid procedure and guidance page.

Please check <https://www.solentboattraining.co.uk/covid-19-course-procedures>

# Directions To Our Training Centre

By Train: We are about 1.5miles from Southampton centre railway station.

By Car: Our address is above, the maps below will help you find our centre.

**Shamrock Quay, William Street, Southampton, SO14 5QL**



## Car Parking

All visitors to Shamrock Quay are allowed 3 hours of free car parking.

For long stays charges apply as detailed on :-

<https://www.solentboattraining.co.uk/car-parking>