



## HSE EMERGENCY FIRST AID AT WORK COURSE DETAILS

### Course Summary

Approximately 8 hours of tuition over 1 day. About 8 hours in our classrooms.

### Basic Details

Location	Building 11 Shamrock Quay (see map below) William Street, Southampton SO14 5QL
Start Time	Registration 9.00-9.20am - Course Start 9.30am
Finish Time	Approximately 5.30pm
Duration	1 Day
Lower Age Limit	16 Years
Car Parking	Free On Site (see map below)

### Pre Course Preparation & Requirements

No pre-course reading or prior experience is required. Please bring photo ID.

### Recommended Publications

HSE First Aid Handbook FAB ( Included In Course Fee ).

### Course Content

Our one-day course covers all the usual first aid subjects, but from a workplace perspective. It is aimed at anyone who wants to learn basic first aid.

### Ability After Course

This one-day course is designed to provide a working knowledge of first aid for people in the workplace.

### Certification

This course is examined at the end of the course. Our instructor will be assessing your skills as you complete each section of the course. A HSE course completion certificate will be issued to you directly by the issuing authority with 2 weeks. 3 year renewal period.

### Accommodation

Accommodation is not available any 1 day courses.

## **Food**

No food is provided by SBT on this course. A café selling sandwiches etc is located within the marina complex, but **please ensure you have a lunch pack** with you as you arrive for your course.

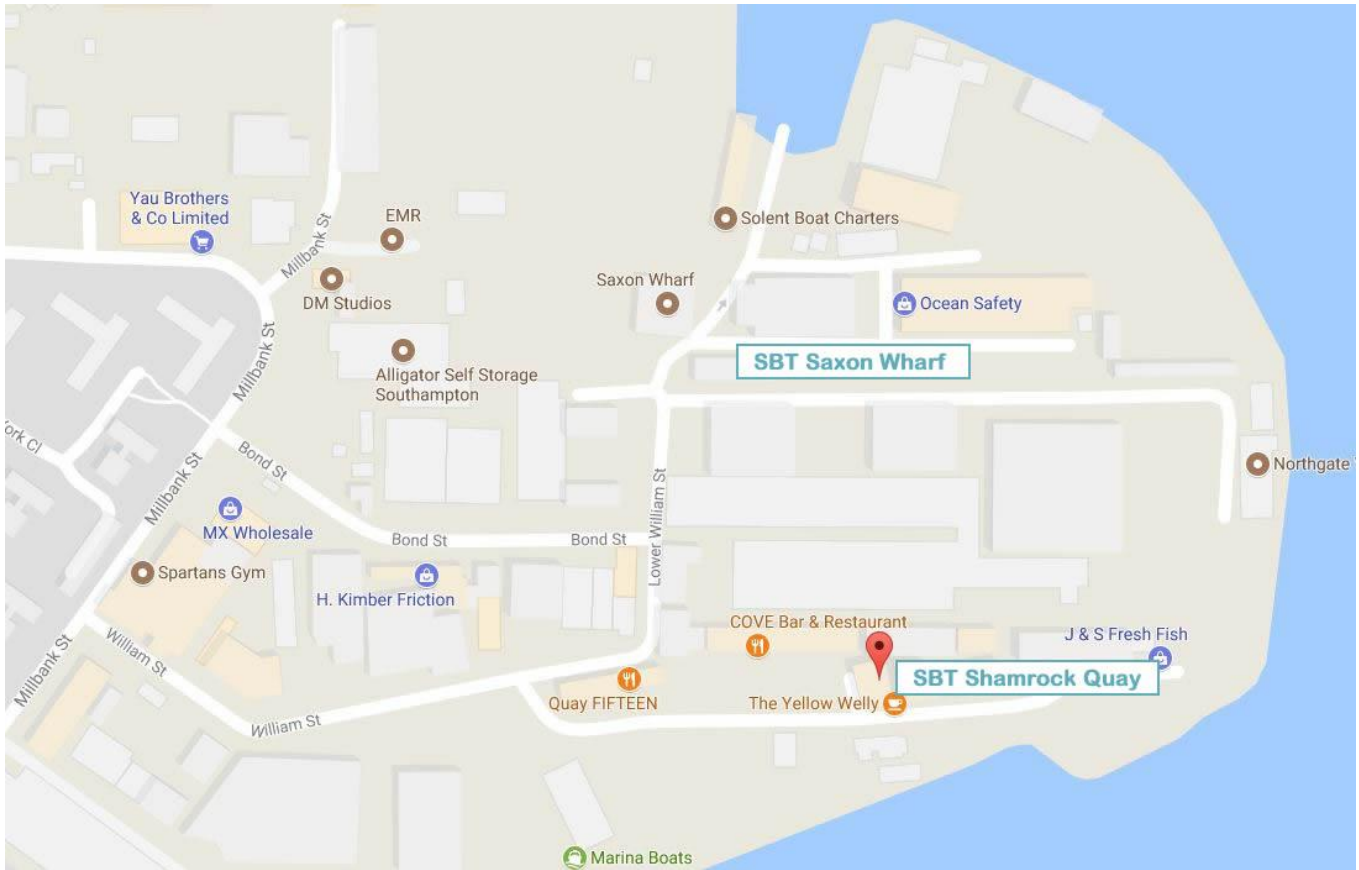
## **Car Parking**

All visitors to Shamrock Quay are allowed 3 hours of free car parking. For students of Solent Boat Training to gain free parking for the duration of their course they must register their car number plate at the marina reception which is directly opposite our building within the marina complex. Failure to do so will result in a parking fine, which we have no means of overturning.

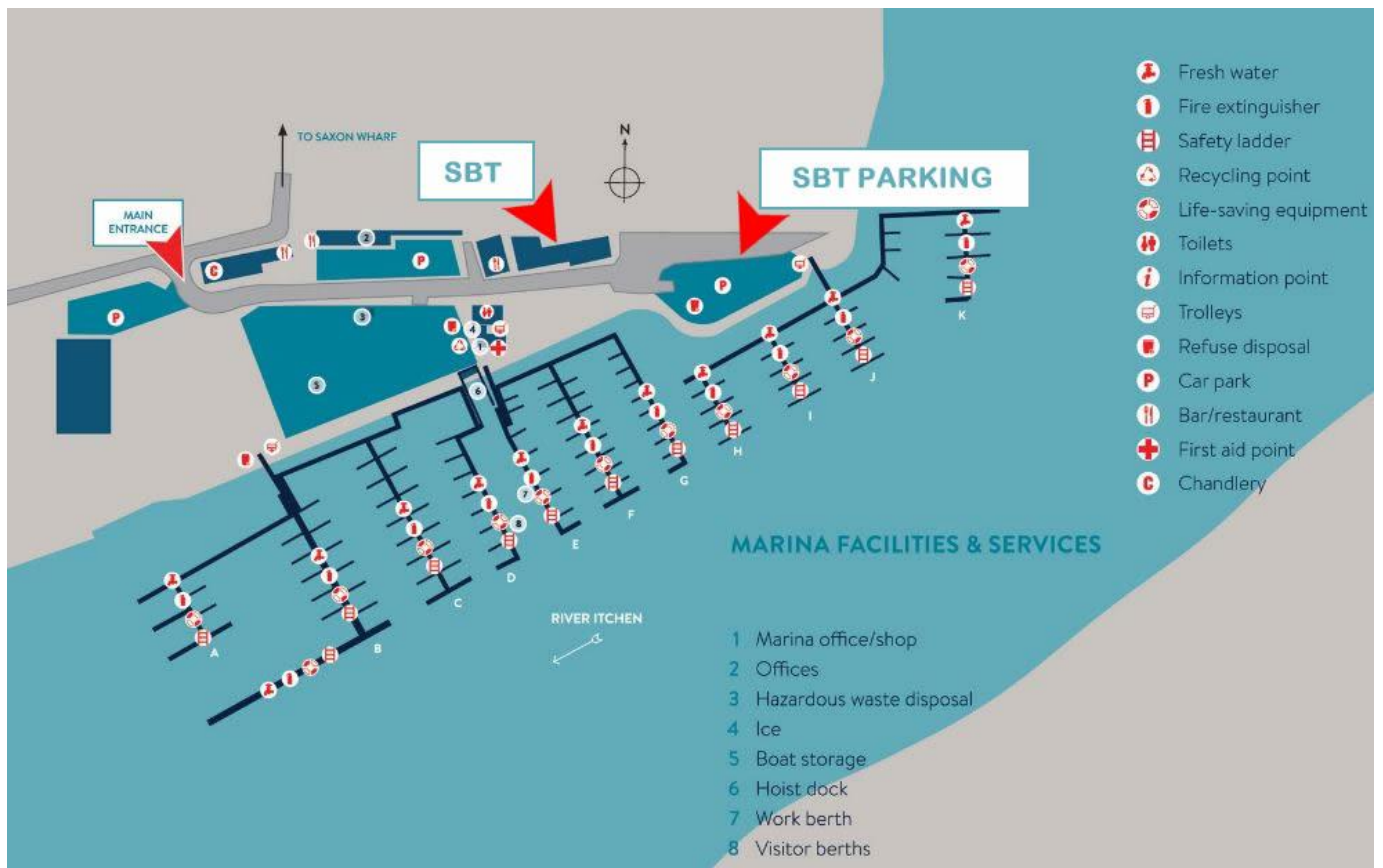
# Directions To Our Training Centre

By Train: We are about 1.5miles from Southampton centre railway station.

By Car: Our address is above, the maps below will help you find our centre.



**Shamrock Quay, William Street, Southampton, SO14 5QL**



## **Course Feedback**

Please leave us feedback via our forms in reception or via [Trip Advisor](#)

## **Contact Solent Boat Training**

Tel 02380 658790

Email : [admin@solentboattraining.co.uk](mailto:admin@solentboattraining.co.uk)

Web : [www.solentboattraining.co.uk](http://www.solentboattraining.co.uk)

Social Media : [Facebook](#)