



## **RYA HELMSMAN MOTOR PRACTICAL COURSE DETAILS**

### **Course Summary**

Approximately 16 hours of student/instructor contact time over 2 days. Entire course on board our training motorboat. Accommodation not included.

### **Basic Details**

Location	Building 11 Shamrock Quay (see map below) William Street, Southampton SO14 5QL
Start Time	Registration 9.00-9.20am - Course Start 9.30am
Finish Time	Approximately 4.00pm on final day
Duration	2 Day
Lower Age Limit	16 Years
Car Parking	Free On Site (see map below)

### **Pre Course Preparation & Requirements**

None

### **Recommended Publications**

RYA Day Skipper Practical Course Notes ( £12 from our reception ).

### **Course Content**

Preparation for sea, deck work, rules of the road, maintenance and repair work, engines, victualling, emergency situations, open water handling under power.

### **Ability After Course**

Able to helm a motorboat by day in familiar waters and fair weather under direction of a qualified skipper.

### **Certification**

This course is not examined. Our instructor will be assessing your skills as you complete each section of the course. If the instructor decides you have met the standard required an RYA course completion certificate will be issued to you.

## Clothing & Equipment

Your course is conducted mostly at sea, so the correct clothing is important. We provide a specialist waterproof jacket and trouser set, but you need to bring the following :-

**Footwear:** Boating boots or shoes are ideal, but not essential. Trainers or soft soled boots work well. Have a change of footwear as you will get wet feet at sea.

<http://www.force4.co.uk/departments/clothing/footwear.html>

**Inner Layers:** Several layers work better than a single thick layer. Have several changes of clothes in case you do get wet and to last the duration of the course. Depending on the time of year you might want to consider bringing gloves, a hat, sunglasses and sun cream.

## Accommodation

No accommodation is offered for this course by SBT due to Covid restrictions.

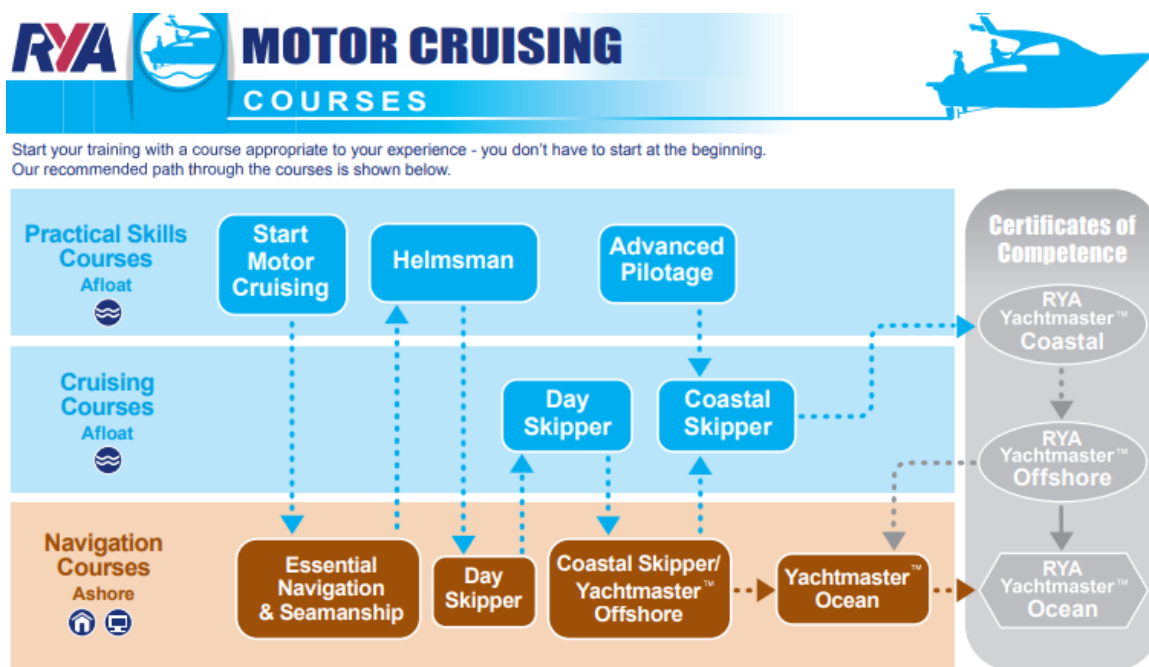
## Food

Due to Covid regulations no food is provided by SBT for this course. Shamrock Quay has both a bistro and a cafe. The cafe is open for breakfast and offers take away food suitable for lunch. You will need a packed lunch each day to take with you to sea.

## Covid Procedures

Please ensure you have read our latest Covid procedure and guidance page. Please check <https://www.solentboattraining.co.uk/covid-19-course-procedures>

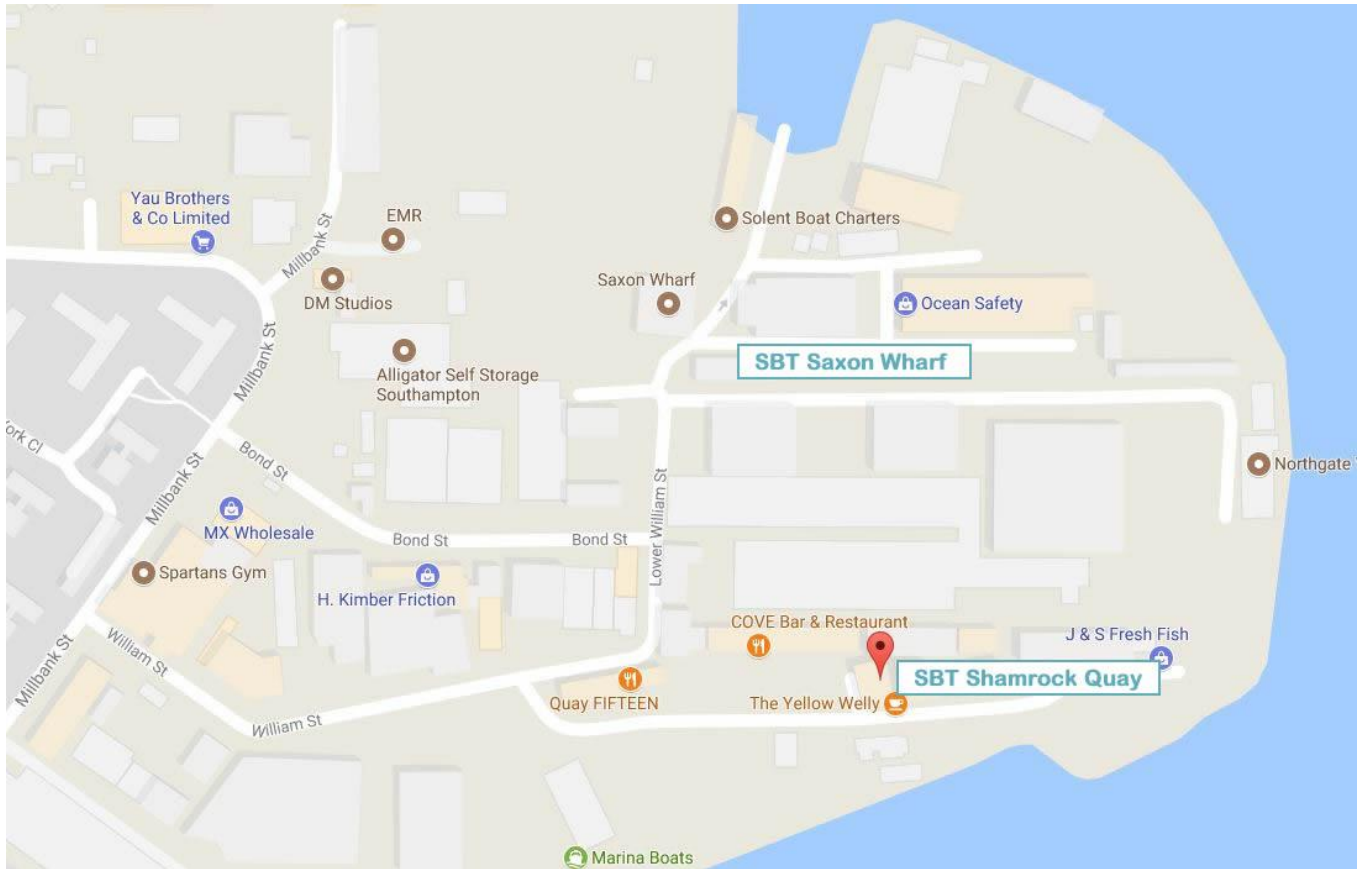
## Course Ladder



## Directions To Our Training Centre

By Train: We are about 1.5miles from Southampton centre railway station.

By Car: Our address is above, the maps below will help you find our centre.



**Shamrock Quay, William Street, Southampton, SO14 5QL**



## Car Parking

All visitors to Shamrock Quay are allowed 3 hours of free car parking. For students of Solent Boat Training to gain free parking for the duration of their course they must register their car number plate at the marina reception which is directly opposite our building within the marina complex. Failure to do so will result in a parking fine, which we have no means of overturning.