

Solent Boat Training 02380 658 790

Marine Training Centre - Southampton 02380 659 944

Powerboats - Motorboats - Sailing Yachts - Keelboats - Jet Skis - Theory



SOLENT DAY SAILING COURSE DETAILS

Course Summary

Approximately 7 hours sailing over 1 day. Entire event on board our yacht.

Basic Details

Location	Building 11 Shamrock Quay (see map below) William Street, Southampton SO14 5QL
Start Time	Registration 9.00-9.20am - Sailing Starts 9.30am
Finish Time	Approximately 5.00pm
Duration	1 Day
Lower Age Limit	16 Years (over 12 with accompanying adult)
Car Parking	Free On Site (see map below)

Pre Event Preparation & Requirements

Fit & healthy to go to sea.

Recommended Publications

RYA Yacht Sailing Techniques G94 (£15 from our reception).

Event Content

Simply a 1 day sail in the Solent for all levels of ability.

Ability After Event

Improved knowledge for sailing a cruising yacht.

Certification

No certification for this event.

Car Parking

All visitors to Shamrock Quay are allowed 3 hours of free car parking. For students of Solent Boat Training to gain free parking for the duration of their course they must register their car number plate at the marina reception which is directly opposite our building within the marina complex. Failure to do so will result in a parking fine, which we have no means of overturning.

Clothing & Equipment

Your event is conducted mostly at sea, so the correct clothing is important. We provide a specialist waterproof jacket and trouser set, but you need to bring the following :-

Footwear: Boating boots or shoes are ideal, but not essential. Trainers or soft soled boots work well. Have a change of footwear as you will get wet feet at sea.

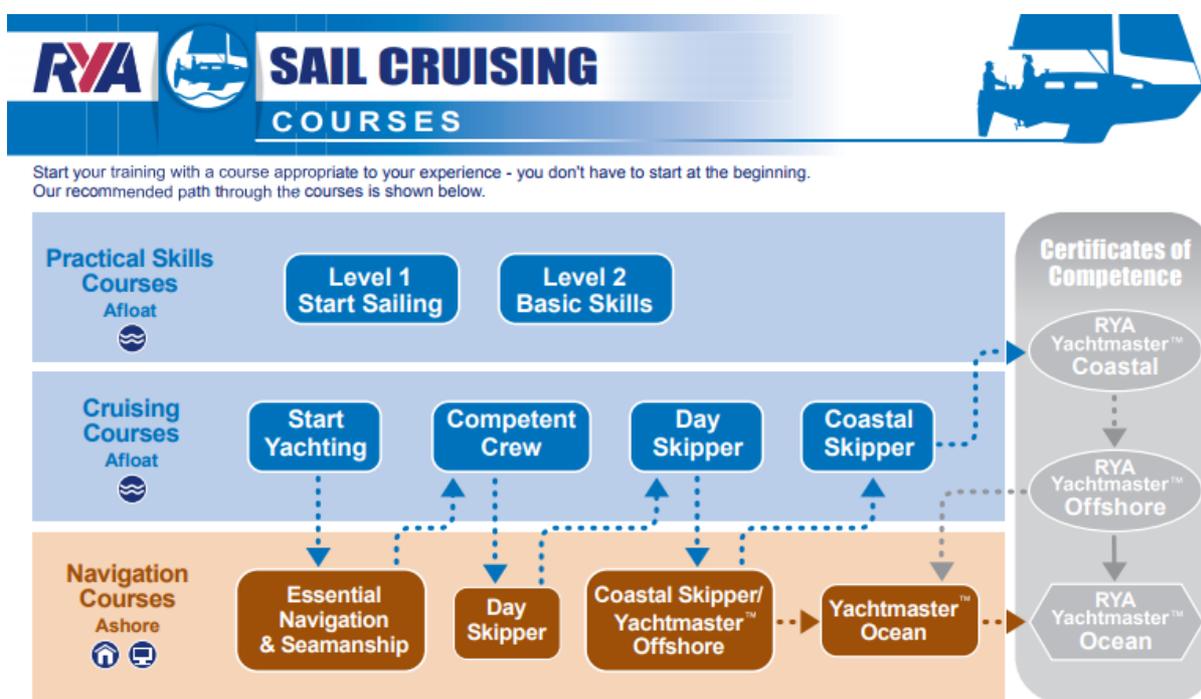
<http://www.force4.co.uk/departments/clothing/footwear.html>

Inner Layers: Several layers work better than a single thick layer. Have several changes of clothes in case you do get wet and to last the duration of the course. Depending on the time of year you might want to consider bringing gloves, a hat, sunglasses and sun cream. Each overnight stop will have shower facilities, so do bring a towel etc as you will have been exposed to seawater.

Food

Lunch is provided by SBC on this event. We also provide snacks including fresh fruit, biscuits, tea & coffee. We cannot cater for special dietary needs.

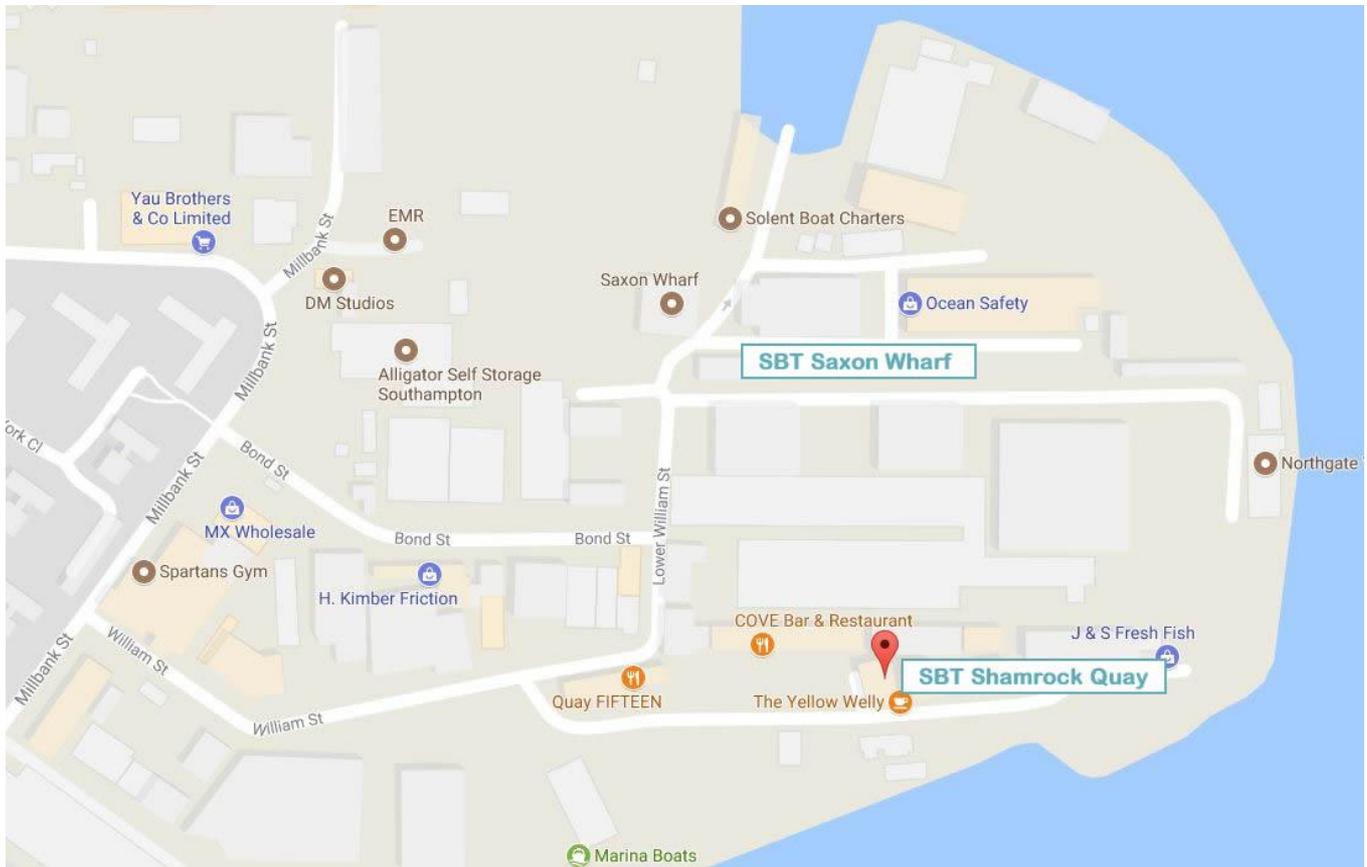
Interest In Structured RYA Courses - Course Ladder



Directions To Our Training Centre

By Train: We are about 1.5miles from Southampton centre railway station.

By Car: Our address is above, the maps below will help you find our centre.



Shamrock Quay, William Street, Southampton, SO14 5QL

